HORIZONTAL AND VERTICAL PLANNER 2021 - 2022

Grade Level: Primary 1

Duration	Aug 23 – Oct 22 (8)		Oct 25 – Dec 3 (6)	Dec 6 – Jan 28 (6)	Feb 14 – Apr 1 (7)	Apr 4 – Jun 3 (8)
Transdisciplinary	PSPE		Mandarin	,	Visual Arts/Makerspace	Performing Arts
Transdisciplinary Theme	Who We Are An inquiry into the nature of the self; beliefs and values; personal, physical, mental, social and spiritual health; human relationships including families, friends, communities, and cultures; rights and responsibilities; what it means to be human	Where we are in place and time An inquiry into orientation in place and time; personal histories; homes and journeys; the discoveries, explorations and migrations of humankind; the relationships between and the interconnectedness of individuals and civilizations, from local and global perspectives	Sharing the planet An inquiry into rights and responsibilities in the struggle to share finite resources with other people and with other living things; communities and the relationships within and between them; access to equal opportunities; peace and conflict resolution	How the world works An inquiry into the natural world and its laws; the interaction between the natural world (physical and biological) and human societies; how humans use their understanding of scientific principles; the impact of scientific and technological advances on society and on the environment.	How we organize ourselves An inquiry into the interconnectedness of human-made systems and communities; the structure and function of organizations; societal decision-making; economic activities and their impact on humankind and the environment.	How we express ourselves An inquiry into the ways in which we discover and express ideas, feelings, nature, culture, beliefs and values; the ways in which we reflect on, extend and enjoy our creativity; our appreciation of the aesthetic.
Central Idea:	Healthy Choices/Wellbeing Making balanced choices promotes a healthy lifestyle.		Earth's Resources People can make choices to support the sustainability of the Earth's resources.	Life Cycles All living things go through a process of change.	Farm to Table/Process Many products go through a process of change before they are consumed or used.	Stories Stories are expressions of our ideas, feelings and beliefs.
Key Concepts:	Connection – How is it linked to other things? Responsibility – What are our obligations? Causation – Why is it like as it is?		Form – What is it like? Connection – how is it linked to other things? Responsibility- What are our obligations?	Causation – Why is it like as it is? Change – How is it transforming? Perspective – what are the points of view?	Form – What is it like? Change – How is it transforming? Function – How does it work?	Form – What is it like? Perspective – What are the points of view? Function – How does it work?
Related Concepts:	Choice, Lifestyle, Health, Relationships		Lifestyle, Resources, Waste	Patterns, Life cycles, Life and living.	Product origins, Process	Interpretation, Messages, Stories, Theme.
Lines of Inquiry:	Similarities and differences between ourselves and others. Healthy habits and routines (mental, social, physical) Consequences of choices.		1. Earth's finite and infinite resources. 2. The impact of people's choices on the environment. 3. Ways people can sustain the earth's. resources.	Patterns of life cycles. Living things change over their lifetime. Factors that can influence life cycles.	Changes products Changes products go through. The function of a product.	Stories follow a sequence. Feelings and beliefs inspire stories. Stories can be created and shared.

Discipline Focus	Language, Math, Science, PSPE	Math, Social Studies, Language	Language, Math, Science	Language, Math, Science Arts	Language, Math Social Studies
Teacher Questions and Provocations Approaches to Learning (ATLs)	How do our body's function? How do the choices we make affect our health? What does a balanced lifestyle look like? Self-management: Gross motor skills Spatial awareness Healthy lifestyles	What is a resource? How do our choices affect the environment? How can we balance our needs with limited resources? Research skills: Observing Formulating questions Presenting research findings Self-management Skills: Informed choices	What are patterns of growth? How do living things change over their lifetime? What factors can influence life cycles? Thinking skills: Analysis Synthesis Metacognition Self-management skills: Informed choices	Where do products come from? How do products change? Where do products go? How do people choose the products they use? Communication skills: Non-verbal communication Research Skills: Collecting data Organizing data Interpreting data	What is a story? (parts) Why does the story make you feel a certain way? How can you tell and a share story? Communication skills: Listening Presenting Social Skills: Respecting others Cooperating
Learner Profile Attributes	Principled Balanced Caring	Risk-taker Inquirer	Reflective Thinker Inquirer	Knowledgeable Caring	Open-minded Reflective Communicator
Demonstrating Literacy and Mathematics Behaviours (Language and Mathematics)	Language Oral 1.9 describe personal experiences, using vocabulary and details appropriate to the situation Reading 11.6 use prior knowledge to make connections (e.g., to new experiences, to other books, to events in the world) to help them understand a diverse range of materials read by and with the educator team 11.7 use illustrations to support comprehension of texts that are read by and with the educator(s) 3 Ways to Read a Book Math Number Sense 15.1 investigate (e.g., using a number line, a hundreds carpet, a board game with	Language Oral 1.5 use language (verbal and non-verbal communication) in various contexts to connect new experiences with what they already know (e.g., contribute ideas during shared or interactive writing; contribute to conversations in learning areas; respond to educator prompts) 1.6 use language (verbal and non-verbal communication) to communicate their thinking, to reflect, and to solve problems Reading 11.2 identify personal preferences in reading materials (e.g., choose fiction and non-fiction	Language Oral 1.8 ask questions for a variety of purposes (e.g., for direction, for assistance, to innovate on an idea, to obtain information, for clarification, for help in understanding something, out of curiosity about something, to make meaning of a new situation) and in different contexts (e.g., during discussions and conversations with peers and adults; before, during, and after read-aloud and shared reading experiences; while exploring the schoolyard or local park; in small groups, in learning areas) 14.1 ask questions about and describe some natural occurrences, using their own observations and	Language Oral 1.7 use specialized vocabulary for a variety of purposes (e.g., terms for things they are building or equipment they are using) Reading 9.1 use reading behaviours to make sense of familiar and unfamiliar texts in print (e.g., use pictures; use knowledge of oral language structures, of a few high-frequency words, and/or of sound- symbol relationships) 11.1 demonstrate an interest in reading (e.g., expect to find meaning in pictures and text; choose to look at reading materials; respond to texts read by the educator team; reread familiar text;	Language Oral 1.1 explore sounds, rhythms, and language structures, with guidance and on their own (music?) 1.10 retell experiences, events, and familiar stories in proper sequence (e.g., orally; in new and creative ways; using drama, visual arts, non-verbal communication, and representations; in a conversation) Reading 1.11 demonstrate an awareness that words can rhyme, can begin or end with the same sound, and are composed of phonemes that can be manipulated to create new words

- numbered squares) the idea that a number's position in the counting sequence determines its magnitude (e.g., the quantity is greater when counting forward and less when counting backward)
- 15.2 investigate some concepts of quantity and equality through identifying and comparing sets with more, fewer, or the same number of objects (e.g., find out which of two cups contains more or fewer beans [i.e., the concept of one-to-one correspondence]; investigate the ideas of more, less, or the same, using concrete materials such as counters or five and ten frames: recognize that the last number counted represents the number of objects in the set [i.e., the concept of cardinality])
- 15.3 make use of one-to-one correspondence in counting objects and matching groups of objects
- 15.4 demonstrate an understanding of the counting concepts of stable order (i.e., the concept that the counting sequence is always the same 1 is followed by 2, 2 by 3, and so on) and of order irrelevance (i.e., the concept that the number of objects in a set will be the same regardless of which object is used to begin the counting)
- 17.2 communicate an understanding of basic spatial relationships (e.g., use terms such as "above/below", "in/out", "forward/backward": use

- books, magazines, posters, or computerized interactive texts that they enjoy) in different contexts (e.g., educator team readalouds, shared experiences in reading books, independent reading time)
- 11.10 retell information from non-fiction materials that have been read by and with the educator team in a variety of contexts (e.g., readalouds, shared reading experiences), using pictures and/or props

Writing

10.2 demonstrate an awareness that text can convey ideas or messages (e.g., ask the educator to write out new words for them)

Math Number Sense

- 15.5 subitize quantities to 5 without having to count, using a variety of materials (e.g., dominoes, dot plates, dice, number of fingers) and strategies (e.g., composing or decomposing numbers)
- 15.6 use information to estimate the number in a small set (e.g., apply knowledge of quantity; use a common reference such as a five frame; subitize)
- 20.1 demonstrate an understanding of number relationships for numbers from 0 to 10, through investigation (e.g., show

representations (e.g., drawings, writing)

Reading

- 11.5 make predictions regarding an unfamiliar text that is read by and with the educator team, using prior experience, knowledge of familiar texts, and general knowledge of the world around them (e.g., use the cover pictures and/or title to determine the topic and/or text form)
- 11.8 demonstrate knowledge of most letters of the alphabet in different contexts (e.g., use a variety of capital and lower-case manipulative letters in letter play; identify letters by name on signs and labels in chart stories, in poems, in big books, on traffic signs; identify the sound that is represented by a letter; identify a word that begins with the letter)

Media Literacy

- 12.1 respond critically to animated works (e.g., cartoons in which animals talk, movies in which animals go to school)
- 12.2 communicate their ideas, verbally and nonverbally, about a variety of media materials (e.g., describe their feelings in response to seeing a DVD or a video; dramatize messages from a safety video or poster; paint pictures in response to an advertisement or CD)

- confidently make attempts at reading)
- 11.3 demonstrate an awareness of basic book conventions and concepts of print when a text is read aloud or when they are beginning to read print (e.g., start at the beginning of the book; recognize that print uses letters, words, spaces between words, and sentences; understand that printed materials contain messages)

Writing

10.3 write simple messages (e.g., a grocery list on unlined paper, a greeting card made on a computer, labels for a block or sand construction), using a combination of pictures, symbols, knowledge of the correspondence between letters and sounds (phonics), and familiar words

Math Number Sense

15.8 explore different Canadian coins, using coin manipulatives (e.g., role-play the purchasing of items at the store in the dramatic play area; determine which coin will purchase more – a loonie or a quarter)

Geometry

17.1 explore, sort, and compare the attributes (e.g., reflective symmetry) and the properties (e.g., number of faces) of

11.4 respond to a variety of materials that have been read aloud to them (e.g., paint, draw, or construct models of characters or settings)

11.9 retell, orally or with non-verbal communication, familiar experiences or stories in proper sequence (e.g., in new and creative ways, using drama, visual arts, non-verbal communication, and representations; in a conversation)

Writing

- 10.1 demonstrate an interest in writing (e.g., choose a variety of writing materials, such as adhesive notes, labels, envelopes, coloured paper, markers, crayons, pencils) and choose to write in a variety of contexts (e.g., draw or record ideas in learning areas)
- 10.6 communicate ideas about personal experiences and/or familiar stories, and experiment with personal voice in their writing (e.g., make a story map of "The Three Little Pigs" and retell the story individually to a member of the educator team during a writing conference)

Math Addition and Subtraction visualization, perspective, and movements [flips/reflections, slides/translations, and turns/ rotations]) in their conversations and play, in their predictions and visualizations, and during transitions and routines

20.6 use mathematical language _in informal discussions to describe probability in familiar, everyday situations

small quantities using fingers or manipulatives)

20.2 use, read, and represent whole numbers to 10 in a variety of meaningful contexts (e.g., use a hundreds chart to read whole numbers: use magnetic and sandpaper numerals to represent the number of objects in a set; put the house number on a house built in the blocks area; find and recognize numbers in the environment: write numerals on imaginary bills at the restaurant in the dramatic play area) 20.5 investigate and

20.5 investigate and describe how objects can be collected, grouped, and organized according to similarities and differences

Measurement

16.1 select an attribute to measure (e.g., capacity), determine an appropriate non-standard unit of measure (e.g., a small margarine container), and measure and compare two or more objects (e.g., determine which of two other containers holds the most water)

16.2 investigate strategies and materials used when measuring with nonstandard units of measure (e.g., why feet used to measure length must be placed end to end with no gaps and not overlapping, and must all be the same size; why scoops used to measure water must be the same size and be filled to the top)

Writina

10.4 use classroom resources to support their writing (e.g., a classroom word wall that is made up of children's names, words from simple patterned texts, and words used repeatedly in shared or interactive writing experiences; signs or charts in the classroom; picture dictionaries; alphabet cards; books)

10.5 experiment with a variety of simple writing forms for different purposes and in a variety of contexts

Math Patterns

18.1 identify and describe informally the repeating nature of patterns in everyday contexts (e.g., patterns in nature such as morning-noon-night, the four seasons, or the arrangement of leaves on the stem of a plant: the pattern on a piece of clothing; the pattern made by floor tiles: the pattern of words in a book or poem: the pattern on a calendar or in a schedule; the pattern of the beat or rhythm in songs). using appropriate terminology (e.g., "goes before", "goes after", "repeats") and gestures (e.g., pointing, nodding, using slaps/claps)

traditional and nontraditional two-dimensional shapes and threedimensional figures (e.g., when sorting and comparing a variety of triangles: notice similarities in number of sides, differences in side lengths, sizes of angles, sizes of the triangles themselves; see smaller triangles in a larger triangle)

17.3 investigate and explain the relationship between two-dimensional shapes and three-dimensional figures in objects they have made (e.g., explain that the flat surface of a cube is a square)

19.1 ask guestions that can be answered through data collection (_e_._g_._,__"W_h_a_t_ _i_s__y_o_u_r_ favourite _...?_";_ _"H_o_w_ many pets do our classmates _h_a_v_e_?_";_ "Which month had the most _s_n_o_w_y_ _d_a_y_s_ _ January _o_r_ February?"), collect data, and make representations of their observations, using graphs (_e_._g_._, concrete graphs _s_u_c_h__a_s_ people _g_r_a_p_h_s__o_r_ graphs using representat ional obiects:

15.9 compose and decompose quantities to 10 (e.g., make multiple representations of numbers using two or more colours of linking cubes, blocks, dot strips, and other manipulatives; play "shake and spill" games)

15.10 investigate addition and subtraction in everyday experiences and routines through the use of modelling strategies and manipulatives (e.g., join two sets of objects, one containing a greater number than the other, and count all the objects: separate out the smaller number of objects and determine how many remain) and counting strategies (e.g., use a counting sequence to determine how many objects there are altogether: count backward from the largest number to determine how many obiects remain)

15.7 explore and communicate the function/ purpose of numbers in a variety of contexts (e.g., use magnetic and sandpaper numerals to represent the number of objects in a set [to indicate quantity]; line up toys and manipulatives, and identify the first, second, and so on [to indicate ordinality]; use footsteps to discover the distance between the door and the sink [to measure]; identify a favourite sports player: "My favourite player is number twenty-four" [to label or namel)

Т	T	г	Т			Auto
				_w_o_r_d_si_na_	_p_i_c_t_u_r_e_	Arts
				_p_o_e_m_, _b_e_a_t_	_g_r_a_p_h_s_)	21.1 express their
				_a_n_dr_h_y_t_h_m_		responses to drama and
				_i_nm_u_s_i_c_,_	19.2 interpret data	dance (e.g., by moving,
				_o_b_j_e_c_t_sf_r_o_m_	presented in graphs	by making connections to
				_t_h_en_a_t_u_r_a_l_	(_eg,	their experiences with
				_w_o_r_l_d_)		drama and dance, by
						talking about drama and
				18.3 identify the smallest	_c_h_i_l_d_r_e_ni_n_	dance)
				unit (the core) of a pattern	the pizza	
				(_eg,_		21.2 dramatize rhymes,
				_A_B_B_A_B_B_A_B_B_	<u>i_nt_h_eh_o_t</u>	stories, legends, and folk
				t_h_ec_o_r_ei_s_	_d_o_gl_i_n_e	tales from various
				_A_B_B_)and describe	_t_h_a_tm_e_a_n_s_	cultures and communities
				why it is important	_m_o_r_e_	(e.g., use actions,
				(_eg,i_t_	_c_h_i_l_d_r_e_n_	pictures, words, or
				_h_e_l_p_su_st_o_	_l_i_k_ep_i_z_z_a_";_	puppets to tell a story in
				_k_n_o_ww_h_a_t_	"T_h_eb_l_u_e_	the dramatic play area or
				_c_o_m_e_sn_e_x_t_;_	_b_a_ri_s_	in the blocks area)
				_i_th_e_l_p_su_s_	_t_w_i_c_ea_s_	/
				_m_a_k_e_	_l_o_n_ga_st_h_e_	21.3 express their
				_g_e_n_e_r_a_l_i_z_a_t_i_	_y_e_I_I_o_wb_a_r_";_	responses to music by
				o_n_s_)	"T_h_e_r_ew_e_r_e_	moving, by making
					_t_w_i_c_ea_s_	connections to their own
				18.4 create and translate	_m_a_n_ys_n_o_w_y_	experiences, or by talking
				patterns (_eg,r_e	_d_a_y_s_ i_n_	about the musical form
				represent	_J_a_n_u_a_r_ya_s_	
					_s_n_o_w_yd_a_y_s_	
				blue, red-	_i_n_	21.4 respond to music
					F_e_b_r_u_a_r_y_")_	from various cultures and
				red-blue-	_and draw conclusions	communities (e.g., folk
					(_eg,_	songs, Indigenous
				 	_"T_h_e_r_ea_r_e_ _m_o_r_eb_l_u_e_	chants, songs in different
				_s_q_u_a_r_e	_m_o_r_cb_r_u_c_ _c_u_b_e_st_h_a_n_	languages, Inuit throat
				_s_q_u_a_r_e_,_	_v_e_l_l_o_w_	singing)
				_c_i_r_c_l_e	_y_c_r_o_w_ _c_u_b_e_s_";_	
				_s_q_u_a_r_e	, "J_a_n_u_a_r_y_	23.1 use problem-solving
				_s_q_u_a_r_e_,_	_ o_a_n_a_a_n_y_ _w_a_sm_o_r_e_	skills and their
				_c_i_r_c_l_e	s_n_o_w_yt_h_a_n_	imagination to create
				_s_q_u_a_r_e		drama and dance (e.g.,
				_s_q_u_a_r_e_")	/	try out different voices for
					40.0	parts of a story or chant;
					19.3 respond to and pose	find different ways to
					questions about data	move to music, trying to
					collection and graphs	connect the movement
						with the mood and speed
					20.3 compose pictures,	of the music; create a
					designs, shapes, and	sequence of movements)
					patterns, using two-	
					dimensional shapes;	23.3 use problem-solving
					predict and explore	skills and their
					reflective symmetry in two-	imagination to create
					dimensional shapes (e.g.,	music (e.g., experiment
					visualize and predict what	with different instruments
					will happen when a	to create a rhythm
					square, a circle, or a	pattern to accompany a
<u>. </u>						

		rectangle is folded in half); and decompose two- dimensional shapes into smaller shapes and rearrange the pieces into other shapes, using various tools and materials (e.g., stickers, geoboards, pattern blocks, geometric puzzles, tangrams, a computer program) 20.4 build three- dimensional structures using a variety of materials and identify the three- dimensional figures their structure contains Arts 21.5 express their responses to visual art forms by making connections to their own experiences or by talking about the form 21.6 respond to a variety of visual art forms (e.g., paintings, fabrics, sculptures, illustrations) from various cultures and communities 22.1 communicate their ideas about something (e.g., a book, the meaning of a word, an event or an experience, a mathematical pattern, a	familiar song; contribute to making a variation on a familiar song with the class) 23.4 communicate their understanding of something (e.g., a familiar story, an experience, a song, a play) by representing their ideas and feelings through the arts
		mation or movement) through music, drama, dance, and/or the visual arts	
		23.2 use problem-solving skills and their imagination to create visual art forms (e.g., choose materials to make a three-dimensional structure stable; choose an alternative way to fasten their materials if the first way is unsuccessful)	

Belonging and
Contributing
(Social Studies)

- 5.1 demonstrate respect and consideration for individual differences and alternative points of view (e.g., help a friend who speaks another language; adapt behaviour to accommodate a classmate's ideas)
- 25.1 recognize personal interests, strengths, and accomplishments
- 25.2 identify and talk about their own interests and preferences
- 26.1 understand that everyone belongs to a group/community (e.g., a family, a class, a religious community) and that people can belong to more than one group/community at a time
- 26.2 understand that different groups/ communities may have different ways of being and working together
- 26.3 describe, both verbally and non-verbally, ways in which they contribute to the various groups to which they belong
- 27.1 develop strategies for standing up for themselves, and demonstrate the ability to apply behaviours that enhance their personal wellbeing, comfort, and self-acceptance and the wellbeing, comfort, and self-acceptance of others (e.g., speaking confidently, stating boundaries, making choices)

- 1.2 listen and respond to others, both verbally and non-verbally (e.g., using the arts, using signs, using gestures and body language), for a variety of purposes (e.g., to exchange ideas, express feelings, offer opinions) and in a variety of contexts (e.g., after read-alouds and shared reading or writing experiences; while solving a class math problem; in imaginary or exploratory play; in the learning areas; while engaged in games and outdoor play; while making scientific observations of plants and animals outdoors)
- 27.2 think critically about fair/unfair and biased behaviour towards both themselves and others, and act with compassion and kindness
- 27.3 recognize discriminatory and inequitable practices and behaviours and respond appropriately
- 29.1 identify similarities and differences between local environments (e.g., between a park and a pond, between a schoolyard and a field)
- 29.3 identify ways in which they can care for and show respect for the environment (e.g., feeding the birds in winter, reusing and recycling, turning off unnecessary lights at home, walking to school instead of getting a ride)
- 29.4 participate in environmentally friendly experiences in the

- 28.3 develop an awareness of ways in which people adapt to the places in which they live (e.g., children in cities may live in high-rise buildings and use sidewalks and the subway; children in the country may take the bus to school)
- 29.2 describe what would happen if something in the local environment changed (e.g., if trees in the park were cut down, if the pond dried up, if native flowers were planted in the school garden)
- 30.2 explore a variety of tools, materials, and processes of their own choice (e.g., blocks, puppets, flashlights, streamers, castanets, rhythm sticks, natural and recycled materials) to create drama, dance, music, and visual art forms in familiar and new ways
- 31.3 explore different elements of design (e.g., colour, line, shape, texture, form) in visual arts
- 5.2 talk about events and retell, dramatize, or represent stories or experiences that reflect their own heritage and cultural background and the heritage and cultural backgrounds of others (e.g., traditions, cultural events, myths, Canadian symbols, everyday experiences)
- 25.3 express their thoughts (e.g., about a science discovery, about something they have made) and share experiences (e.g., experiences at home, cultural experiences)
- 30.1 demonstrate an awareness of personal interests and a sense of accomplishment in drama and dance (e.a.. contribute their own ideas to role playing: create their own actions to accompany a song or chant and/or follow actions created by a classmate); in music (e.g., contribute their own ideas to a class song); and in visual arts (e.g., create a sculpture from clav)
- 31.1 explore different elements of drama (e.g., character, setting, dramatic structure) and dance (e.g., rhythm, space, shape)
- 31.2 explore different elements (e.g., beat, sound quality, speed, volume) of music (e.g., clap the beat of a song; tap their feet on carpet and then on tile, and compare the sounds; experiment with different

		classroom and the schoolyard (e.g., plant and tend to plants; use local products for snack time; properly sort recycling)			instruments to accompany a song) 28.1 recognize people in their community and talk about what they do (e.g., farmer, park ranger, police officer, nurse, Indigenous healer, store clerk, engineer, baker) 28.2 recognize places and buildings within their community, both natural and human-made, and talk about their functions (e.g., farm, church, hospital, mosque, sweat lodge, arena, mine, cave)
Problem Solving and Innovating (Science)	24.1 identify practices that ensure their personal safety and the safety of others, and demonstrate an understanding of the importance of these practices	13.1 state problems and pose questions in different contexts and for different reasons (e.g., before, during, and after inquiries) 13.2 make predictions and observations before and during investigations 24.2 state problems and pose questions as part of the process of creating and designing 24.3 make predictions and observations as part of the process of creating and designing	14.2 sort and classify groups of living and non-living things in their own way (e.g., using sorting tools such as hula hoops, sorting circles, paper plates, T-charts, Venn diagrams) 14.3 recognize, explore, describe, and compare patterns in the natural and built environment (_eg,	1.4 sustain interactions in different contexts (e.g., with materials, with other children, with adults) 13.3 select and use materials to carry out their own explorations. 13.4 communicate results and findings from individual and group investigations (e.g., explain and/or show how they made their structure; state simple conclusions from an experiment; record ideas using pictures, numbers, and labels) 24.4 select and use tools, equipment, and materials to construct things 24.5 communicate and record results and findings either individually or in groups (e.g., explain and/or show how they made their structure; record ideas using pictures, words, numbers on labels, or in charts)	

Self-regulation and Well-being (social emotional)	1.3 use and interpret gestures, tone of voice, and other non-verbal means to communicate and respond (e.g., respond to non-verbal cues from the educator; vary tone of voice when dramatizing; name feelings and recognize how someone else might be feeling) 2.1 demonstrate self-reliance and a sense of responsibility (e.g., make choices and decisions on their own; take care of personal belongings; know when to seek assistance; know how to get materials they need) 2.4 demonstrate self-control (e.g., be aware of and label their own emotions; accept help to calm down; calm themselves down after being upset) and adapt behaviour to different contexts within the school environment (e.g., follow routines and rules in the classroom, gym, library, playground) 2.5 develop empathy for others, and acknowledge and respond to each other's feelings (e.g., tell an adult when another child is hurt/sick/upset; have an imaginary conversation with a tree or an insect; role-play emotions with dolls and	2.3 demonstrate self-motivation, initiative, and confidence in their approach to learning by selecting and completing learning tasks (e.g., choose learning tasks independently; try something new; persevere with tasks) 3.1 act and talk with peers and adults by expressing and accepting positive messages (e.g., use an appropriate tone of voice and gestures; give compliments; give and accept constructive criticism)	4.1 use a variety of strategies to solve problems, including problems arising in social situations (e.g., trial and error, checking and guessing, cross-checking – looking ahead and back to find material to add or remove)	2.2 demonstrate a willingness to try new experiences (e.g., experiment with new materials/tools; try out activities in a different learning area; select and persist with things that are challenging; experiment with writing) and to adapt to new situations (e.g., having visitors in the classroom, having a different educator occasionally, going on a field trip, riding the school bus)	3.2 demonstrate the ability to take turns during activity and discussions (e.g., while engaged in play with others; in discussions with peers and adults)

guidance from the			
educators)			
6.1 demonstrate an			
understanding of the effects			
of healthy, active living on			
the mind and body (e.g.,			
choose a balance of active			
and quiet activities			
throughout the day;			
remember to have a snack;			
drink water when thirsty)			
anni nater innen am esy)			
6.2 investigate the benefits			
of nutritious foods (e.g.,			
nutritious snacks, healthy			
meals, foods from various			
cultures) and explore ways			
of ensuring healthy eating			
(e.g., choosing nutritious			
food for meals and snacks,			
avoiding foods to which they			
are allergic)			
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of ensuring healthy eating			
(e.g., choosing nutritious			
food for meals and snacks,			
avoiding foods to which they			
are allergic)			
6.4 discuss what action to			
take when they feel unsafe			
or uncomfortable, and when			
and how to seek assistance			
in unsafe situations (e.g.,			
acting in response to			
inappropriate touching;			
seeking assistance from an			
adult they know and trust,			
from 911, or from			
playground monitors;			
piaygrouna monitors;			

identifying substances that are harmful to the body)			
6.5 discuss and demonstrate in play what makes them happy and unhappy, and why			

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- 7.1 participate actively in creative movement and other daily physical activities (e.g., dance, games, outdoor play, fitness breaks)
- 7.2 demonstrate persistence while engaged in activities that require the use of both large and small muscles (e.g., tossing and catching beanbags, skipping, lacing, drawing)
- 7.3 demonstrate strategies for engaging in cooperative play in a variety of games and activities
- 8.1 demonstrate spatial awareness in activities that require the use of large muscles
- **8.2** demonstrate control of large muscles with and without equipment (e.g., climb and balance on playground equipment; roll, throw, and catch a variety of balls; demonstrate balance and coordination during parachute games; hop, slide, wheel, or gallop in the gym or outdoors)
- 8.3 demonstrate balance, whole-body and hand-eye coordination, and flexibility in movement (e.g., run, jump, and climb; walk on the balance beam; play beach-ball tennis; catch a ball; play hopscotch)
- **8.4** demonstrate control of small muscles (e.g., use a functional grip when writing) while working in a variety of learning areas (e.g., sand table, water table, visual arts area) and when using a variety of materials or equipment (e.g., using salt trays, stringing beads, painting with paintbrushes, drawing, cutting paper, using a keyboard, using bug viewers, using a mouse, writing with a crayon or pencil)
- 8.5 demonstrate spatial awareness by doing activities that require the use of small muscles